

NOSK.life

Your guide to garment learning

Garment Tech Ed & Garment Ed

How to start, keep learning
and record your achievement



Two hubs, different starting points

Garment Tech Ed

For technology and the value chain.

Explore industry chapters, the 42-stage journey or a themed course.

Garment Ed

For a job role or subject.

Choose a focused course, use a role pathway or follow GarmentEd 360.

Starting, enrolling and signing in

Start learning

Open the syllabus and read. The free learning routes do not require an account to begin.

Enrol free

Use the course enrolment link if you want to register your interest. Complete the details the page requests.

Sign in

Use a free learner account to carry progress between devices. Enrolment and account creation are separate.

Garment Tech Ed: your learning routes

30 chapters

Study technology subjects through the seven-module syllabus. Start with the chapter that fits your learning goal.

42 stages

Follow the garment journey from consumer demand through production, use and material recovery.

Guided courses

Choose a theme and work through its modules, readings and quizzes. Use My progress for course-specific requirements.

Five free guided courses

Circular Fashion: From Material to Recovery	14–18 hours
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Sustainable Fashion: Evidence, Impact and Compliance	10–14 hours
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Circular Economy in Garment Manufacturing	12–16 hours
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Cost Economy of Garment Manufacturing	12–16 hours
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Export & Trade Economy of Garment Manufacturing	12–16 hours
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Each has six modules. Study times are estimates, at your own pace.

A guided course, step by step

01 Choose

Open Guided courses, select a course, then open its syllabus or Start module 1.

02 Study

Read the linked chapters and value-chain stages. Use the completion control after finishing each reading.

03 Check

Answer the module quiz, check your score and review the explanations.

04 Continue

Open My progress. Follow the next module and complete the capstone when the course requires one.

Circular Fashion: your finish line

6 module quizzes + a capstone

My progress shows the modules you have passed, chapters marked read and the capstone status.

The capstone asks you to redesign a garment style so its materials can be recovered at the end of use.

Follow the “Still to do” list for your course completion record.

Garment Ed: courses for everyday work

Quality & laboratory

Garment Quality Assurance and Laboratory Testing

Engineering & planning

Industrial Engineering and Production Planning for Garment Factories

Materials

Textile Technology for Apparel Manufacturing

Merchandising

Apparel Merchandising and Costing

These focused routes take approximately 10–16 hours, depending on the course.

Garment Ed: more specialist choices

Apparel Consumer Insight, Branding and Buying

Apparel Design, Trend and Range Development

Apparel Product Development and Technical Engineering

Apparel Sourcing and Supply Chain Management

Apparel Pattern Engineering and Sample Development

Garment Cutting-Room Technology and Control

Garment Sewing Technology and Production Management

Apparel Printing, Embroidery and Value Addition

A Garment Ed course, step by step

01 Find a course

Open Garment Ed, choose Courses or Find a course, then select View course.

02 Review the fit

Check the intended learner, level, study time and learning outcomes.

03 Start the syllabus

Select Start now — open the syllabus. Read each module's subjects in the recommended order.

04 Track completion

Take the module quiz, then return to My progress to see the next module and remaining requirements.

Example: Textile Technology

4 modules / 10 subjects / approximately 12–16 hours

- | | |
|---------------------------|--|
| 1 Fibre and yarn | Understand how materials influence strength, stretch, pilling and shrinkage. |
| 2 Fabric formation | Study woven, knitted and nonwoven constructions. |
| 3 Wet processing | Understand dyeing, colouration and finishing. |
| 4 Fabric quality | Connect inspection, testing and fabric selection to the end use. |

The module quiz and your next step

4 out of 5

correct answers pass the textile
course's module quiz

Answer all five questions, then select
Check my answers.

Review the feedback and revisit any
subject you need to strengthen.

My progress shows passed quizzes
and the next module to study.

GarmentEd 360: the complete programme

20 modules

200+ lessons

Work through the apparel chain, then complete the “From Buyer Brief to Shipment” capstone.

Pass each module assessment at 80%. Unlimited retries.
Sign in to claim the certificate with a verification ID.

Keeping your place between visits

Same browser

Without signing in, your progress stays on that device and browser. Keep using the same one.

Across devices

Sign in to your learner account. If offered an import of local progress, choose only your own study record.

Returning to study

Use the course's My progress link or the GarmentEd 360 My dashboard link, then continue the next module.

A simple weekly study routine

Plan your sessions

Choose one course and reserve two or three short study sessions each week.

Read and practise

Finish a subject, write a short note and relate it to a garment or factory task you know.

Review your progress

Check quiz feedback and the remaining modules. Record one question to resolve before continuing.

Suggested routine. These self-paced courses do not impose this timetable.

What you can gain from the learning

Garment Tech Ed

Understand how technologies fit into the production chain.

Evaluate material recovery choices, process impacts and technology trade-offs.

Garment Ed

Strengthen knowledge for a specific role.

Apply learning to fabric decisions, inspection, production planning or garment costing.

Practical value grows when you apply the learning and review the result with your team.

What the completion records mean

Focused course

Follow that course's progress checklist. The textile course requires passing every module quiz.

Technology pathways

The FAQ describes separate records for 42 stages, 30 chapters and completing both pathways.

GarmentEd 360

Finish the lessons, pass assessments and complete the capstone. Sign in for the named, verifiable certificate.

These are self-study completion records. They carry no accredited academic qualification.

Help when you get stuck

Progress looks missing

Return to the same browser, device and website address. Check your sign-in and local-progress import choice.

A quiz is incomplete

Answer every question before checking your answers. Revisit the reading and review the result.

A page will not open

Return to the course hub and try its direct module link. Report the page URL and the problem through Contact.

You need guidance

Use Learner FAQ or Contact. Include the course name, module and your question.

Your first lesson starts here

Garment Tech Ed

garmenteched.com/garment-technology

Garment Ed

garmenteched.com/garmented

Choose one course. Open the syllabus. Begin module 1.